

Anomaly Scan - Patient Information Guide

Introduction

An anomaly scan, also known as a mid-pregnancy ultrasound scan, is a detailed examination performed between **18 to 22 weeks of pregnancy**. It helps assess the development and anatomy of the baby and identifies any potential concerns early on. This guide provides key details to help you prepare for and understand the procedure.

Purpose of the Anomaly Scan

- Assess the baby's physical development.
 - Examine major organs (e.g., heart, brain, kidneys, and spine).
 - Detect any structural abnormalities or anomalies.
 - Check the position of the placenta.
 - Monitor the amount of amniotic fluid and fetal growth.
-

Preparation for the Scan

1. **Appointment Timing:**
Ensure the scan is scheduled between 18-22 weeks of pregnancy.
 2. **Hydration:**
Drink water before the scan to ensure a full bladder, as it can provide clearer imaging.
 3. **Comfortable Clothing:**
Wear loose clothing for easy access to your abdominal area.
 4. **Accompanying Person:**
You may bring a family member or partner to support you during the scan.
-

What to Expect During the Scan

- You will lie down, and a gel will be applied to your abdomen.
 - A sonographer will use an ultrasound probe to capture images of your baby.
 - The scan typically takes **20-30 minutes**, depending on the baby's position.
 - You may be able to see the baby's movements on the monitor during the scan.
-

Frequently Asked Questions

1. **Is the anomaly scan safe?**

Yes, it is a non-invasive and completely safe procedure for both mother and baby.

2. **What happens if an abnormality is found?**

The sonographer or doctor will discuss any findings and may recommend further tests or specialist consultations.

3. **Can I know the baby's gender?**

In some regions, determining the baby's gender during the scan is not permitted by law. Please check local regulations.

Important Notes

- Please bring any prior medical or ultrasound reports to the appointment.
 - Inform your healthcare provider about any concerns or conditions before the scan.
 - Ensure that you understand the findings by discussing them with your doctor.
-

Contact Information

Clinic Name:

Address:

Phone Number:

Email: